

Rocky Mountain Veterinary Dermatology

Hypoallergenic Homemade Diet for Cats

Balanced formula for healthy adult cats that meets AAFCO allowances.

	Grams	Volume
Carbohydrate, cooked	60	2½ Tablespoons
Meat, cooked	40	4 Tablespoons
Vegetable oil	10	2½ teaspoons
Bone Meal (or dicalcium phosphate)	1.2	¼ teaspoon
Salts (NaCl/KCl)	1.0	¼ teaspoon
Taurine	0.5	about 300 mg
Human adult vitamin-mineral tablet (Give ½ 9 gram tablet daily)		

Nutritional content	% Dry Matter Basis
Protein	31
Fat	28
Crude Fiber	2.0
Calcium	0.69
Phosphorus	0.58
Magnesium	0.1
Sodium	0.4
Potassium	0.75
Kcal (as fed)	250

Recommended carbohydrates are rice (white or brown) **or** potato. Recommended meats are pork, venison, canned tuna in water, **or** shrimp.

Choose only **one** carbohydrate and **one** meat, and do not change for the term of the diet trial (usually 8-10 weeks).

Vegetable oils and vitamin-mineral supplements are not a significant source of dietary allergens.

Salt used is "lite salt" available in grocery stores.

Directions: It is best to weigh the ingredients; volumes are approximate and will vary depending on product chosen. Bake or microwave the meat component retaining all fats, and cook the carbohydrate component. Grind or finely chop meat if necessary. Pulverize bone meal and mix with other components except the vitamin-mineral supplement. Mix well (in a blender or food processor) and serve immediately or cover in an airtight container and refrigerate (3-7 days) or freeze. Feed the vitamin-mineral supplement with the meal with warmed food; give as a pill or pulverize and mix in the food just prior to feeding. Wetting may improve the taste.